Stay in Touch With Your Body.

Your body silently repairs itself 24/7. Often, it needs a boost. Each person’s tissue density, metabolism, circulatory system and other functions are unique. Each person’s healing time is different and Willow Curve treatment requirements may differ.

1. **Prep your treatment area for optimal benefit:**

   A. **Prepare the area** to be treated. Be sure there is no clothing or creams, lotions, or sunscreen on the area. Creams and lotions may include a sunscreen protection factor (SPF) that tends to block Willow Curve energies from penetrating the tissue.

   B. Use the enclosed cleansing towelette. This will remove surface debris, bacteria, dead cells, residual creams or lotions which may impede transmission of the Willow Curve energies.

2. **Second,** follow treatment according to the Treatment Guide instructions.

3. **Next,** as you use your Willow Curve, your body will give you **Positive Signals of Success** that may include:

   **Slight Heat or Reddness:** Nitric Oxide has produced increased circulation and erythema (the natural result of increased circulation).

   **Slight Tingling Sensation:** Increased circulation and molecular movement.

   **Slight Itching:** Healing is beginning and sensations are carried by nerves.

   **Small Mini-Movements in the Treatment Area:** Cells and tissues are responding to the Willow Curve energies.

   **Reduced Swelling:** Fluid (swelling) and toxic debris are being moved out of the area.

   **Reduced Pain Sensation:** The many stages of healing are working.

   **Improved Mobility:** Notice how many steps you can climb and your range of movement. Your healing process is progressing.

   **Improved Performance:** Notice as activities become easier. Elite athletes; measure how you perform on your next competition, and the improved condition of your most tender joints before and after exertion.

We are committed to your success. Call us at: **(800) 943-2802.**